

Think Again

10-Week Group Study Guide

Depending on the size of the group and the time you have for discussion, select 3-6 questions for each week.

1. Read the introduction and discuss these questions:
 - A. How would you define resilience?
 - B. Why is resilience important?
 - C. Instead of discovering your identity, why might it be better for God to forge your identity?
 - D. What does it mean, “the normal Christian life is spiritual warfare?”
 - E. What does the author say is the primary skill in becoming like Christ?
 - F. What part of the book do you most look forward to learning about?

2. Read Chapters 1-2 and discuss these questions:
 - A. Have you ever had a dream that seemed real, like the ones the author experienced?
 - B. What is an example of the devil lying to you and you believed it?
 - C. What is the difference between letting the Spirit transform you versus using your own willpower to “try harder to avoid sin?”
 - D. How would you describe “the epic battle” we find ourselves in?
 - E. How would you describe the difference between the thief in John 10:10a and Jesus in John 10:10b?
 - F. What is the significance of 1 Jn. 3:8 to our daily lives?

3. Read Chapters 3-5 and discuss these questions:
 - A. What are three ways the Father serves as a philanthropist?
 - B. Why is it important that we are created to be transformed and imaginative?
 - C. Why are emotions important?
 - D. What does it mean for us to be a continuation of Jesus’ work?
 - E. How did Jesus model resilience?
 - F. Among the various ways the Spirit empowers us beyond our own strength, which one is most helpful to you?

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4. Read Chapter 6 and discuss these questions:
 - A. In what ways is God like a venture capitalist?
 - B. What does the parable of the talents reveal about God's desire for us to produce fruit for Him?
 - C. Give three real-life examples of how a person can show the fruit of God's investment.
 - D. What are the three ways we often respond poorly to others' difficulties?
 - E. The author says that spiritual warfare is stewarding the resources God provides, then skillfully putting spiritual assets to work, resulting in something bigger than God's initial outlay. What do you think about that statement?
 - F. Give an example in your life where the Father's philanthropy, the Son's provision, and the Spirit's power allowed you to respond in a fruitful way.

5. Read Chapters 7-8 and discuss these questions:
 - A. Since the devil can't take away our salvation, what is his strategy to neutralize us as a threat to his kingdom?
 - B. How does Satan attempt to both injure us and grieve God at the same time?
 - C. What is an example of how the devil spoke a devaluing, globalizing, or irrational lie to you?
 - D. How are strongholds built?
 - E. How is the enemy like a rodent?
 - F. How is Satan like a con artist?

6. Read Chapters 9-10 and discuss these questions:
 - A. What are the three ingredients to Satan's pillaging formula?
 - B. What is impulsiveness?
 - C. Which of the examples of impulsiveness struck seemed most helpful?
 - D. What is the difference between Impulsive Destruction and Passive Distraction?
 - E. Which of the examples of passive distraction was most helpful?
 - F. How would you summarize the ideas in Part II: Satan Impairs?

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7. Read Chapters 11-12 and discuss these questions:
 - A. What is our role in the battle between God's provision and Satan's attacks?
 - B. What is the difference between weapons of the flesh versus the weapons God provides?
 - C. What are the three dimensions of God's forging?
 - D. How do we demolish strongholds?
 - E. How does the author suggest we "detain lies in the present?"
 - F. How do we defend against future disobedience?

8. Read Chapters 13–15 and discuss these questions:
 - A. Why is it helpful to identify personalized schemes of the devil?
 - B. What three steps does the author suggest for developing a personalized defense strategy?
 - C. Why is it important to grow in adaptability if we are to become resilient?
 - D. Of the four essential attitudes needed to embrace obscurity, which one is most helpful to you?
 - E. Why is it important to cultivate your imagination if you are going to produce a return on God's investment?
 - F. In Chapter 15, the author mentioned several sources of discouragement that prevent us from cultivating imagination. Which one is most helpful for you right now?

9. Read Chapter 16 and Epilogue and discuss these questions:
 - A. Why is it important to replace old habits if you want to produce a return on God's investment?
 - B. After reading the author's six steps (RESILE) to engage in spiritual warfare and re-wire our brains (Chapter 16, Appendices 9-10), will you use RESILE or come up with your own strategy to replace old habits?
 - C. In the last part of Chapter 16, the author provides eight "Final Suggestions." Which of these tips are most helpful as you consider how to replace old habits?
 - D. What is the main idea of this book?
 - E. How would you summarize this book in 2-3 sentences?
 - F. What was the most helpful idea in this book?

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10. Read the Appendices and discuss these questions:
- A. What are the 2-3 most helpful statements or ideas in Appendices 1-2?
 - B. What are the 2-3 most helpful statements or ideas in Appendices 3-4?
 - C. What are the 2-3 most helpful statements or ideas in Appendices 5-6?
 - D. Have you made a decision to follow Christ as outlined in Appendix 7? If not, what would stop you from making that decision now?
 - E. In Appendix 8, the author refers to “finding my purpose” as tyranny. What is the solution to finding freedom from this bondage?
 - F. What three action steps will you commit to after reading this book?